HULI HULI CHICKEN

Serves: 6 | Prep Time: 1 hour 20 minutes | Cook Time: 20 minutes

- 1. Drain the pineapple, reserving 1 cup of the pineapple juice. Save the pineapple slices for later use.
- 2. Place the pineapple juice, soy sauce, brown sugar, ketchup and sesame oil in a large bowl. Whisk to combine.
- 3. Reserve 2 tablespoons of the marinade in the refrigerator in a small bowl. This will be used later on to baste the chicken.
- 4. Stir the garlic and ginger into the large bowl of marinade. Add the chicken thighs and toss to coat.
- 5. Cover the bowl and refrigerate for at least one hour, or up to 24 hours
- 6. Preheat an outdoor grill or grill pan to medium heat.
- 7. Remove the chicken from the marinade and place on the grill. Cook for 6-8 minutes per side or until chicken is done, basting occasionally with the reserved marinade.
- 8. Place the pineapple slices on the grill. Cook for 2 minutes per side.
- 9. Place the pineapple and chicken on a plate. Sprinkle with green onions, then serve.

INGREDIENTS

- 20 ounce can or fresh sliced pineapple
- 1/2 cup soy sauce
- 1/3 cup brown sugar
- · 1/3 cup ketchup
- ·1 tablespoon sesame oil
- · 2 teaspoons fresh ginger minced
- · 2 teaspoons fresh garlic minced
- · 2 pounds boneless skinless chicken thighs
- 1/4 cup green onions sliced

